Reflection on Completion and Handover Ceremony of Mingde Jundi Teacher Dormitory $30^{th}\ September-2^{nd}\ October\ 2017$

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Public health and humanitarian service are areas that I have both been interested in but never had exposure to before and I am very grateful to have been part of this wonderful Mingde health team because each of them are such talented individuals highly determined to devote themselves to the good of others.

I would like to thank Grace for organizing the trip and leading me on this venture into medical volunteerism. Your passion is inspiring. I hope to continue learning from you in the future.

I also have incredible gratitude to Kristy and Kathy who shared their expertise and experience with me. You both are also role models.

I was lucky to have Chris and Fredrick as my brotherly companions who made the trip fun. Thank you dailos.

The children that I met in Daping also made my time there incredibly fun. Shy but innocent they were excellent interview subjects. It was nice to learn that they maintained good personal hygiene practices, which could be due to the interventions carried out in the summer camp held before our scouting trip.

Meeting with Mr Meng Ke Lu was also inspiring because of the amazing person that he was. I appreciated his devotion to the well-being of the children in Guangxi, leading an organization which aims at matching educational opportunities to children which had poor access to them, also assisting our University's Project Mingde's logistics and relations. I am thankful that he helped in our present trip.

I am also inspired by the government officials that I met on this trip. The Communist Party secretary in Tengcun was very positive about our project and offered green light to our ideas. He showed benevolence and altruism during our dinner together in Tengcun. He showed that he did not prioritize his career over the welfare of the people by rejecting a promotion. The world could use more people like him.

At the end I would like to express my thankfulness to the organizers of the trip, including the civil engineering professors and University staff. I greatly appreciate their effort to put this trip together and making it a University-wide program. I am certain that in the future many medical students would want to participate in HKU Horizons Project Mingde's work in Guangxi.

Life would be purposeless without a calling. I hope that I can find mine.