

Reflection on Project Mingde Summer Camp 2017 (11th – 15th June, 2017)

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In the foremost, I am thankful that I have had the opportunity to take part in this summer volunteer teaching camp held by Project Mingde. This trip to Guangzi is definitely a great way to explore the world through visiting the impoverished village in China. In Hong Kong, an overcrowded and fast paced city, it is hard to build a strong bonding with our surrounding people, let alone on a personal level. However, given the chance to live and interact with locals and primary school students, it offers the ability to form life-long bonds with those I am supporting with.

In Daping Primary School, our team had carried a number of demonstrations on proper hand hygiene and dental health care. We asked them questions and prepared toothbrushes as gifts. I was glad to see their active response and enthusiasm. I hoped that our health education and promotion could empower them to improve the hygienic condition in the community. Besides, I noted that although these children lived in poverty, they all seem incredibly happy and spirited. They all had great desire to learn and cherished all the thing they have. As much as I know my participation in volunteering at this service trip was helpful for the school and the community, I gained more perspective, gratitude and humility from kids I have met than anything I have to give.

Though the duration of this teaching camp is relatively short, this visit has had a profound impact on my life that it has broaden my perspective on the most important thing in life and what will bring me happiness. All in all, this opportunity has mean a great deal for my personal growth and taught me how fortunate I am to be where I am today.

Each time I've been there I have taken something different from the experience through the relationships I have built with the students, teachers, and community; both visits have had a profound impact on my life in that they have broadened my perspective on what is important in life and what will bring me happiness. My time in India has taught me to see the positive in every situation because my problems are small; it has taught me to see how fortunate I am to be where I am today.

Although we only spent 2 days in Daping village, developing knit relationship with kids and villagers, I can become part of the community. "Caring myself, caring other", as a nursing student, I would like be a mentor to make tangible difference in remote area. I am ready to devote my heart to help people and to apply the techniques and competence, which I have learnt at university. I have the commitment to promote education for student in rural China that empowers them to improve their lives and community.