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BSocSc (Psyc) II

Child Injury Prevention Lessons and English Club

Designing and implementing child injury prevention lessons and English Club sessions with the children of Trung Dung gave us plenty of opportunities to develop strong, warm relationships with the children. Despite the cultural and language barriers, with help from our team of interpreters, we were able to communicate necessary points and facilitate an open and enthusiastic classroom environment. During our child injury prevention lessons, we utilised our time to teach the children about the causes, consequences, treatments and preventative methods related to various types of injuries, whilst in our English Club sessions, we organised activities to improve the students' verbal and written English skills. Although not every session went exactly to plan, we were able to learn to be adaptable and dynamic.



Construction Work

The construction activities in this internship gave me my first experience with real, hands-on, manual labour. At times the construction work would feel very challenging and demanding due to the Vietnamese summer heat, but for the most part, construction work also felt very rewarding, and I always experienced a lot of satisfaction after having completed a days worth of construction work requiring diligence and persistence. Although I know my personal work was miniscule compared to the work of the hired construction works, it was very fulfilling to see the finished swimming pond and know that I contributed a small part to the project.

Cultural Immersion

Immersion into a foreign cultural environment with a different way of life was personally the most exciting and meaningful part of the internship. Living in Vietnam for 7 weeks, I was able to step into local life - eating Vietnamese food everyday, engaging with the local people, living a foreign lifestyle. I consider this an amazing opportunity to try to navigate and understand a novel cultural context from the perspective of an insider.

Additionally, I was also able to gain work on my independence and self-sufficiency, as this was my first time being away from my family for a relatively extended period of time.