

### Hands-on experience

In this trip, one of the main focus is building a swimming pond for a local secondary school, where the pond is used for swimming classes. We were given the precious opportunities to work with the local contractor and learn from the workers. Apart from doing the daily supervision work, joining the weekly meetings, writing formal reports to our supervisors as an assistant resident engineer. We were also allowed to enter the construction site and do some work with the workers, ranging from moving rocks and bricks with the carts to some technical work like laying bricks and plastering. The hands-on experience gave us a glimpse on how the actual construction work is done, also shown us how theory is applied in the actual practice. Although the standard in Vietnam may not be the same as in Hong Kong, the on-site learning experience is still irreplaceable.



### CIP classes

Other than construction work, we have also participated in some volunteer teaching. In the six Child Injury Prevention (CIP) classes, we taught the kids some basics of different injury types, helping them to understand the causes, treatments, and preventions, so that they will not panic whenever they face the emergency in the future. After the classes, the bonding I built with the kids is something that I could not imagine in the beginning. I still remembered the last day we stay at the school, when I think of leaving the kids, my tears were coming out for no reason. Maybe because of the atmosphere, or the bonding we had. It is always sad to say goodbye, I tried to laugh while I am crying, cause I know somehow someday we will meet again.



## Exploring the local commune and Vietnam

During the Glocal project, needs assessment is also done to identify what are the needs of the locals and provide them suggestions if possible. To do this, we did several household visits, doing interviews with the locals and looking at the villages, getting more first-hand information from the locals. After the project, we have gained more in-depth understanding not only to the local but also Vietnam. We had 7 weeks for us to explore our living city- Hung Yen, experiencing the local life. By talking to the locals, eating local food, walking on the local street, somehow I thought I am really a resident in Hung Yen. I am so used to the life there, that I did take some time to get back to the life in Hong Kong in both physically and mentally. We also had some good time during our breaks, to visit Hanoi and Ha Long Bay, discovering another part of beauty of Vietnam. The fascinating scenery and the local life are something that I will never forget in my life. For such an enjoyable trip, I am so glad to meet and work with the rest of my groupmates and my tripmates, also the interpreters. The trip will not be the same without you guys. You guys are always the best!

